

Preliminary study on water quality of lakes and rivers on the Xizang (Tibet) Plateau

Hiroji FUSHIMI¹, Kokichi KAMIYAMA², Yasushi AOKI³, ZHENG Benxing⁴, JIAO Keqin⁴ and LI Shijie⁴

¹ Lake Biwa Research Institute, Shiga Prefecture, Otsu, Japan

² Geophysical Research Station, Kyoto University, Beppu, Japan

³ Water Research Institute, Nagoya University, Nagoya, Japan

⁴ Lanzhou Institute of Glaciology and Geocryology, Academia Sinica, Lanzhou, China

(Received December 5, 1988; Revised manuscript received January 16, 1989)

Abstract

On the Xizang (Tibet) Plateau, we carried out limnological observations on the chemical composition of lakes and rivers in 1987.

The $\delta^{18}\text{O}$ distribution had a similar tendency between snow, rain and river waters: ^{18}O -rich water appears in the northern part of the West Kunlun Mts. near the Taklimakan Desert and ^{18}O -poor water in the southern part in the inland Xizang Plateau.

Hourly changes of water level (WL) and suspended substances in the river were synchronous (the same phase); however, those of WL and electric conductivity (EC) were not synchronous and the maximum of the WL lagged about a half day after that of the EC. The change of EC was similar to that of $\delta^{18}\text{O}$. The values of EC, $\delta^{18}\text{O}$, Na, Cl and SO_4 became lower at 18–20 hours Chinese Standard Time due to dilution by glacial melt water.

The lakes on the Xizang Plateau are classified into two groups; salt lakes rich in Cl and Na+K, and fresh water lakes rich in $\text{CO}_3 + \text{HCO}_3$ and Ca. In most of the salt lake waters, the contents of Na and Cl are higher than those of Ca and HCO_3 . The contents of Ca and HCO_3 in the river waters are higher than those in the salt lake waters. The chemical compositions of the fresh water lakes are similar to those of river waters. In the chemical processes occurring in the lakes, Na and Cl increase, and Ca and HCO_3 decrease.

The age of L. Gozha is estimated to be 9×10^3 years, and that of L. Aksayqin 34×10^3 years by using the Cl budget data of the annual load and the accumulation amount. The more saline the lake is, the older its age if there are no large differences in annual Cl loads. The formation of saline lakes will be accelerated by condensation of the lake water due to the large amount of the evaporation when the salinity of the lake water become high and the lake gets hardly freeze over.

Fresh water lakes are formed in present glacial areas where a large amount of glacial melt water is continuously supplied, and the formation of salt lakes still continues in the inner part of the Xizang Plateau far from the present glacial areas.

1. Introduction

There are more than 1,000 lakes having surface area larger than 1 Km^2 , including many salt lakes as well as fresh-water lakes, on the Xizang (Tibet) Plateau (Academia Sinica, 1984). The water qualities

of these lakes vary greatly.

We carried out hydrological and limnological observations along River (R.) Keriya and R. Yulongkax in the northern part of the Kunlun Mts. in June, 1987, at several lakes (L. Aksayqin, L. Gozha, L. Bangdag and so on) in the southern part of the Kunlun

Mts. in August, 1987, and along the upper streams of R. Indus, R. Yarlung Zangpo and at several lakes (L. Bangong, L. Yamzhogyum and so on) on the Xizang Plateau in September, 1987.

Here, we report on the water quality of 18 lakes and 19 rivers on the Xizang Plateau (Fig.1) in relation to that of melt water from the glacial areas, the formational process of salt lakes and their ages.

2. $\delta^{18}\text{O}$ of precipitation and river water

Rain, snow and river-water samples were collected around the West Kunlun Mts. (Fig.2) and the oxygen-18 isotope ratios ($\delta^{18}\text{O}$ value) were determined (Table 1).

The rain and snow samples were taken from the northern side of the West Kunlun Mts. and the $\delta^{18}\text{O}$ values range from -2 to -8‰ . The ^{18}O -rich rain was

found to be about -2‰ in the Pulu district near the Taklimakan Desert and about -4‰ near L. Ashikule. The $\delta^{18}\text{O}$ value dropped to about -7‰ in the Karatax Mts. and the West Kulun Mts.

The $\delta^{18}\text{O}$ values of the river waters were from -7 to -9‰ on the northern side of the West Kunlun Mts.; however, they dropped to -12 to -16‰ on the southern side of the West Kunlun Mts. The $\delta^{18}\text{O}$ distribution in precipitation and river water had the similarity that ^{18}O -rich precipitation occurs in the north near the Taklimakan Desert and ^{18}O -poor precipitation in the south in the inland part of the Xizang Plateau.

The $\delta^{18}\text{O}$ values of melt water from the Gozha Glacier and Change Glacier were about -16‰ , but the values became gradually ^{18}O -rich, from -12 to -14‰ , downstream about 10 km south from the glacier termini. This process is possibly caused by evaporation of river water.

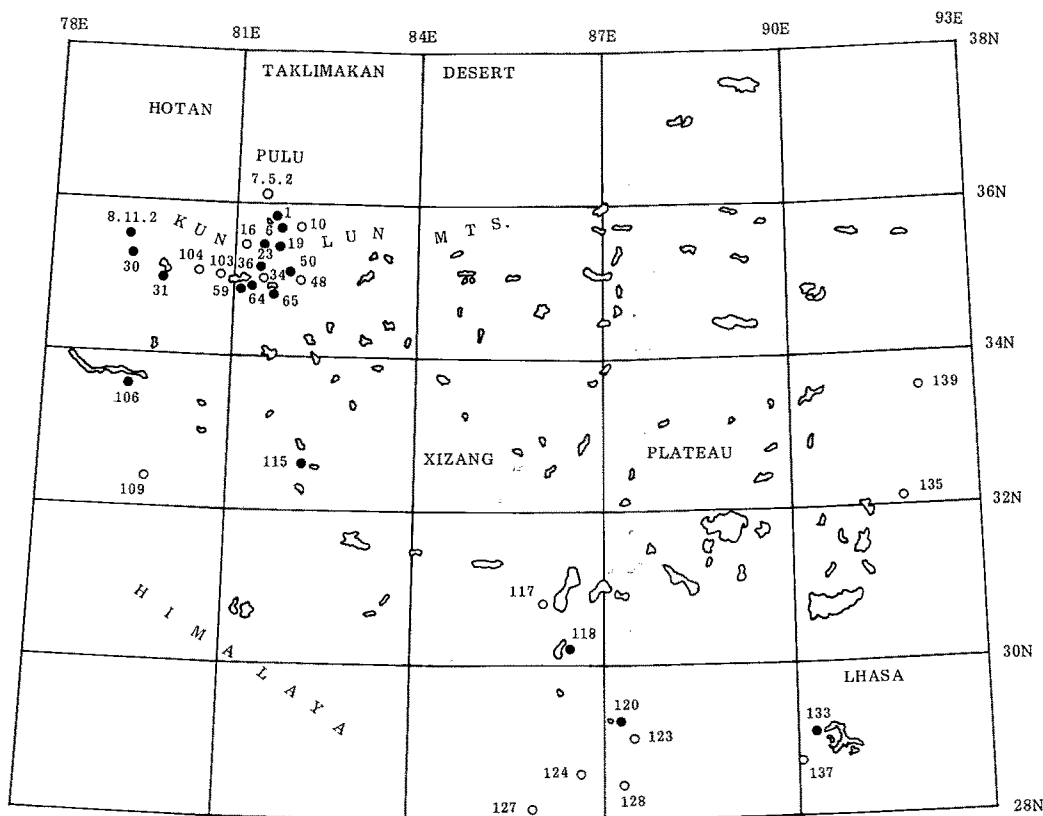


Fig. 1. Locations of lakes and rivers studied on the Xizang Plateau. Open circles show rivers and solid circles lakes with sample numbers.

Table 1. Oxygen isotope ratios of snow, rain and river water around the West Kunlun Mts.

Rain or Snow				
Sample No.	Date	Time	$\delta^{18}\text{O}$ (‰)	Remarks
K15	Jul. 22	08:00	-6.76	Snow on the northern side of Mt. Kunlun
K49	Jul. 23	08:00	-7.53	Snow on the northern side of Mt. Kunlun
K16	Jul. 25	19:00	-3.60	Rain in the vicinity of L. Ashikule
K45	Jul. 25	21:36	-4.93	Rain in the vicinity of L. Ashikule
7.27.1	Jul. 27	07:20	-7.74	Rain in the Karatax Mountains
7.28	Jul. 28	08:30	-1.89	Rain in the vicinity of Pulu
7.29	Jul. 29	16:06	-2.54	Rain in Pulu

River water on the northern side of the Kunlun Mountains				
Sample No.	Date	Time	$\delta^{18}\text{O}$ (‰)	Remarks
7.5.2	Jul. 5	20:49	-7.44	R. Keriya
K1	Jul. 6	07:47	-8.64	R. Keriya
10	Jul. 12	16:30	-7.54	A brook in the L. Urukekule basin
16	Jul. 13	20:30	-9.07	R. Yalongkax

River water on the southern side of the Kunlun Mountains				
Sample No.	Date	Time	$\delta^{18}\text{O}$ (‰)	Remarks
27	Aug. 12	12:43	-12.29	A brook south of Tienshuihai
34	Aug. 17	12:38	-16.03	Melt-water from the Chongce Glacier
46	Aug. 18	11:10	-14.66	Down-stream of R. Chongce
48	Aug. 18	15:07	-13.77	A brook near the Gulia Ice Cap
55	Aug. 22	12:50	-12.44	R. Tienshui at Base Camp
57	Aug. 22	16:16	-16.17	Melt-water from the Gozha Glacier
103	Sep. 1	11:55	-13.65	A river from the Zhongfeng Glacier
104	Sep. 1	16:05	-13.24	R. Qiongbingshui

3. Hourly changes of river-water quality

The river-water level rapidly become high every afternoon during July and August in the West Kunlun Mts. This phenomenon is called the afternoon (summer or daily) flood (Stein, 1912) caused by melt water from glaciers.

Fig. 3 shows the hourly changes of water temperature (WT), water level (WL) and electric conductivity (EC, corrected values at 25°C) from Aug. 27 to 29, 1987. The maximum of EC appeared around 9–10 hours Chinese Standard Time (CST), that of WT around 16 hours CST and that of WL around 20–22 hours CST.

Fig. 4 indicates the hourly changes of WT, WL, EC, suspended substances (SS) and oxygen isotope ratio ($\delta^{18}\text{O}$). The changes of WL and SS were synchronous (the same phase); however, those of WL and EC were not synchronous and the maximum of WL was delayed about a half day after that of EC. The changes of EC were similar to those of $\delta^{18}\text{O}$.

Since the oxygen isotope ratio of the glacial melt water was ^{18}O -poor, only about -16‰, a minimum in the $\delta^{18}\text{O}$ curve appeared due to dilution by glacial melt water when WL was a maximum at 20–22 hours CST. The maximum value of WT was observed

between those of EC and WL.

Fig. 5 shows the hourly changes of EC and each ion component (Cl, SO_4 , NO_3 , Na, Ca, Mg and K). The concentrations of Na, Cl and SO_4 were high around 10–11 hours CST and low at 18–22 hours CST. The EC value become higher from 8 to 10 hours CST and lower from 16 to 20 hours CST, which corresponded to changes of $\delta^{18}\text{O}$ and WL.

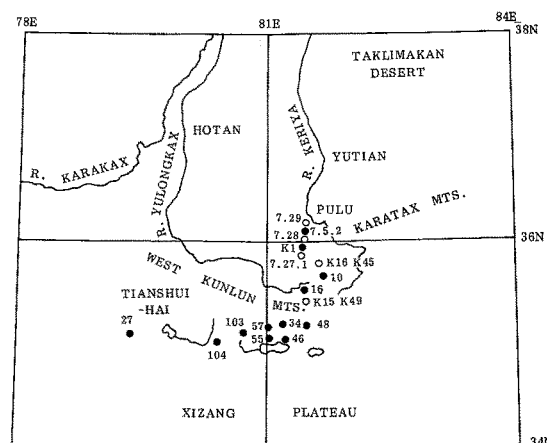
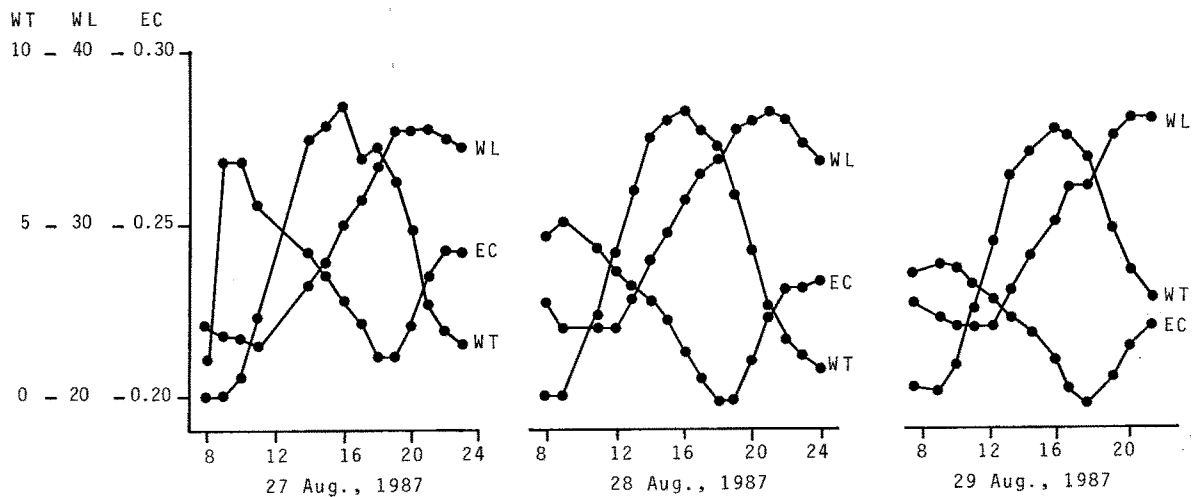
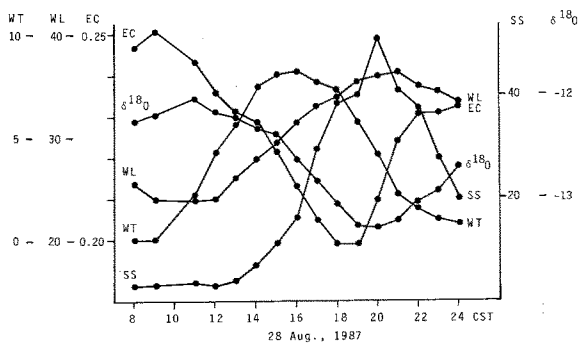


Fig. 2. Sampling points of $\delta^{18}\text{O}$ for rain/snow (○) and river waters (●) around the West Kunlun Mts.

Table 2. Chemical components of lakes on Xizang Plateau.

Sample No.	Date	Time CST	Water Temp. C°	EC 10 ³ μS/cm	pH	Alk mg/l	Cl mg/l	NO ₃ mg/l	SO ₄ mg/l	Na mg/l	K mg/l	Ca mg/l	Mg mg/l	SS mg/l	δ ¹⁸ O ‰	Remarks
1	10Jul.	13:20	10.7	6.73	9.28	37.37	2222		420	2157	145	3.9	418	0.15	1.40	L. Ashikule
6	11Jul.	14:12	14.7		9.22	117.14	18051		1760	13939	532	2.2	620	1.35	0.38, 0.95	L. Urukukule
19	13Jul.	20:30	9.5	0.089	7.92	0.84	5.0		1.1	2.6	0.50	14.7	1.5	4.65	-6.54	
23	15Jul.	14:00	12.3	1.299	9.03	13	80.2		49.2	414	11.6	3.2	13.0	0.15	-6.33	
8.11.2	11Aug.	13:59	10.6						840	2338	61.6	85.4	478	1.25		
30	12Aug.	13:00			7.82	3.2	600	2.9	201	355	3.3	20.9	38.9	0.40	-7.93	L. Tianshuihai
31	13Aug.	16:00	10.0		8.58	29.2	46181		1838	24740	1211	8.6	359	2.15	0.71	L. Aksayqin
36	17Aug.	13:56	7.3	0.070	7.58	0.72	2.3	1.3	5.4	3.0	0.22	12.3	2.3	0.70		
50	18Aug.	17:44	7.5	0.770	7.8	0.93	3.2	0.32	7.6	3.7	0.74	12.4	3.6	1.90	-10.37	
59	23Aug.	19:35	8.8	3.56	8.98	14	1073	6.0	265	955	47.7	7.7	162	0.40		L. Gozha
64	24Aug.	14:54	7.0	3.67	9.02	15.16	1292	5.5	258	1138	55.8	7.3	196	0.15		L. Gozha
65	25Aug.	15:07	12.3				74424		3510	49839	3167	10.9	2741	4.60		L. Bangdag
106	2Sep.	17:24	17.7	0.770	8.77	5.25	109		76.1	117	7.9	28.0	47.0	0.40		L. Bangong
115	4Sep.	20:29	17.1		8.38	9.46	38862		5160	21864	908	183	2505	4.50		L. Yen
118	6Sep.	16:54	14.0	3.23	9.42	21.26	238		911	1238	75.9	9.0	87.3	0.65		L. Dajia
120	7Sep.	17:46	18.6	2.69	9.5	32.22	199		28.5	767	27.1	5.2	178	0.40		L. Lan
133	11Sep.	14:29	16.0	0.283	8.55	1.82	4.0		113	9.9	0.14	42.2	19.0	12.30		L. Yamzhogyum
151	17Sep.	09:41	14.9	14.12	9.08	24	6604		2522	5447	139	5.2	1518	5.55		L. Qinghai

Fig. 3. Hourly changes of water temperature (WT, °C), water level (WL, cm) and electric conductivity (EC, 10³ μS/cm) in R. Tianshui from Aug. 27 to 29, 1987.Fig. 4. Hourly changes of water temperature (WT, °C), water level (WL, cm), electric conductivity (EC, 10³ μS/cm), suspended substances (SS, mg/l) and oxygen isotope ratio (δ¹⁸O, ‰) on Aug. 28, 1987 in R. Tianshui.

The dilution by increase of glacial melt water made the values of EC, Na, Cl, SO₄ and δ¹⁸O low at 18 – 22 hours CST.

The values of Na, Cl, and SO₄ largely changed, but those of Ca, Mg, K and NO₃ were rather constant. This is because considerable difference existed between the glacial melt water and basic river water in concentration of Na, Cl and SO₄, with less difference in the concentration of Ca, Mg, K and NO₃.

In the increasing ratio of glacial melt water, the concentrations of Ca, Mg, K and NO₃ were constant, while the concentration of SS increased. Here, two different processes are considered.

1. The glacial melt water had concentrations of Ca, Mg, K and NO₃ similar to those of river water.

2. The glacial melt water had less concentration of Ca, Mg, K and NO₃. Along the water circulation in the glacier and river it contained much SS, which acted to increase the concentrations of Ca, Mg, K and NO₃.

Further investigations are needed on those processes in glaciers and rivers.

4. Water quality of lakes and rivers

Fig. 6 shows the molar ratio of main ion components, and Tables 2 and 3 the chemical components of lake and river waters, on the Xizang Plateau.

The Cl concentration in lakes ranges from 2.3 to 74,424 mg/l (Table 2); however, that in rivers is from 0.49 to 123 mg/l (Table 3). Fig. 6 indicates that lakes on the Xizang Plateau are classified into two groups; salt lakes rich in Cl and Na+K ratios, and fresh water lakes rich in CO₃+HCO₃ and Ca ratios.

The chemical compositions of salt lake waters are different from those of river waters. The contents of Ca and HCO₃ in river waters are higher than those in salt lake waters. In most of the salt lake waters, the contents of Na and Cl are higher than those of Ca and HCO₃. The chemical compositions of the fresh water lakes are similar to those of the river waters.

In the process of chemical deposition occurring in the lakes, the evolution of the lake water proceeds with increase in Na and Cl contents, and decrease in Ca and HCO₃.

Fig. 7–1 indicates the relationship between Cl and other ions (HCO₃, SO₄, Na+K, Ca+Mg), Fig. 7–2 between SO₄ and other ions (HCO₃, Ca+Mg, Na+K) and Fig. 7–3 between HCO₃ and other ions (Ca+Mg,

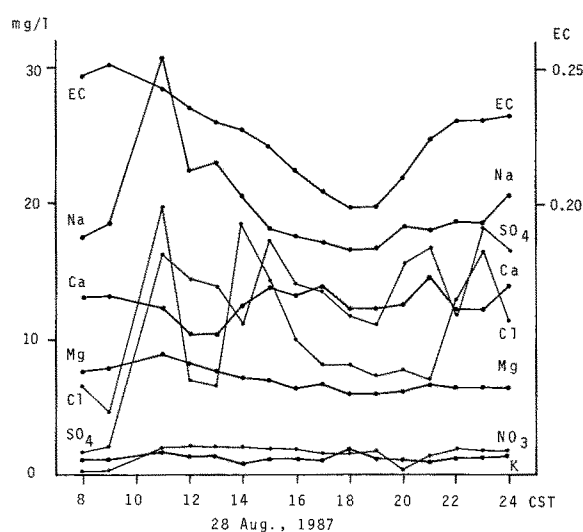


Fig. 5. Hourly changes of electric conductivity (EC, $10^3 \mu\text{S}/\text{cm}$), Cl, SO₄, NO₃, Na, Ca, Mg and K in R. Tianshui on Aug. 28, 1987.

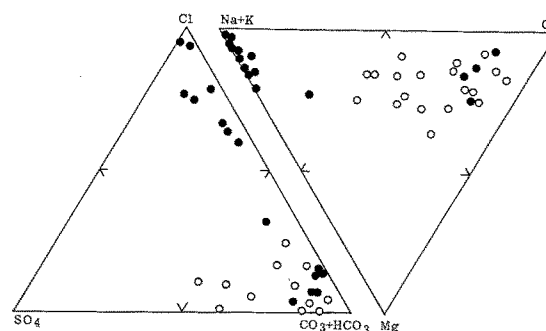


Fig. 6. Main component ratios of lakes (●) and rivers (○) in the Xizang Plateau.

Ca/Mg, Mg/Ca).

With increase of Cl concentration, Na+K also increases, but SO₄ and Ca+Mg are rather constant and HCO₃ does not increase (Fig. 7–1). The concentration of Ca+Mg increases, but that of HCO₃ does not increase with the SO₄ concentration (Fig. 7–2). The concentrations of Mg/Ca increase, but that of Ca/Mg decrease with the HCO₃ concentration (Fig. 7–3). Such a tendency is considered to reflect on the chemical evolution process in the lake waters.

The process becomes clearer by considering the chemical features of river waters. Fig. 8 shows the relationships between Cl and Na+K, Cl and Ca+Mg,

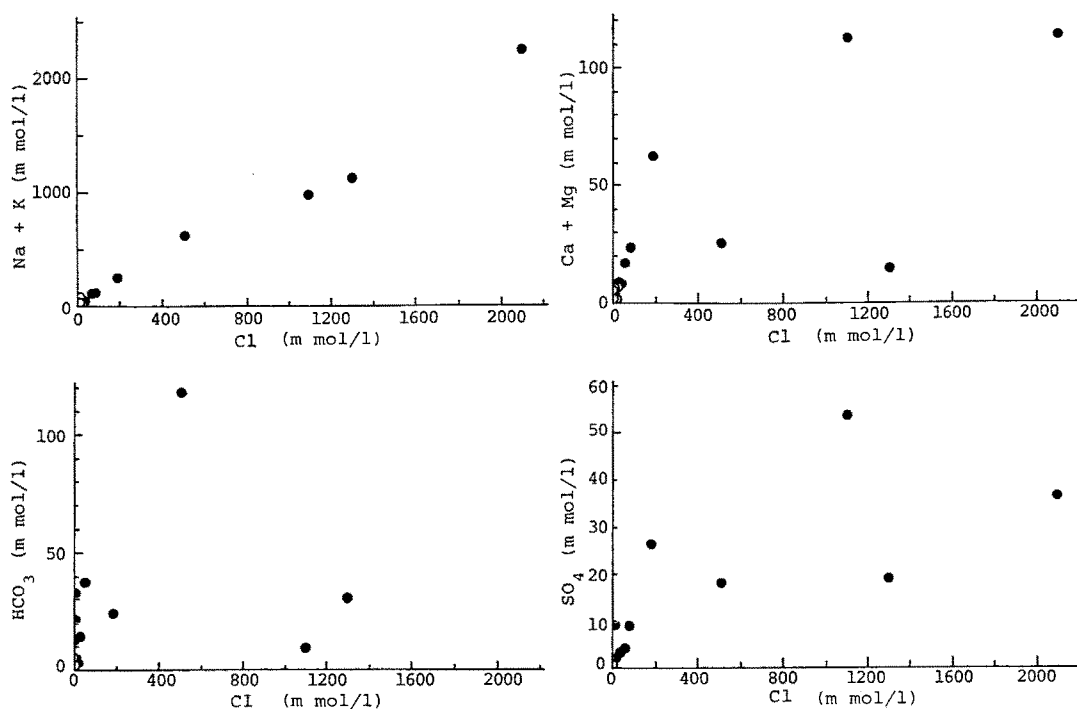


Fig. 7-1. Relationships between concentrations of Cl and other ions (HCO₃, SO₄, Na+K, Ca+Mg) in lake waters of the Xizang Plateau.

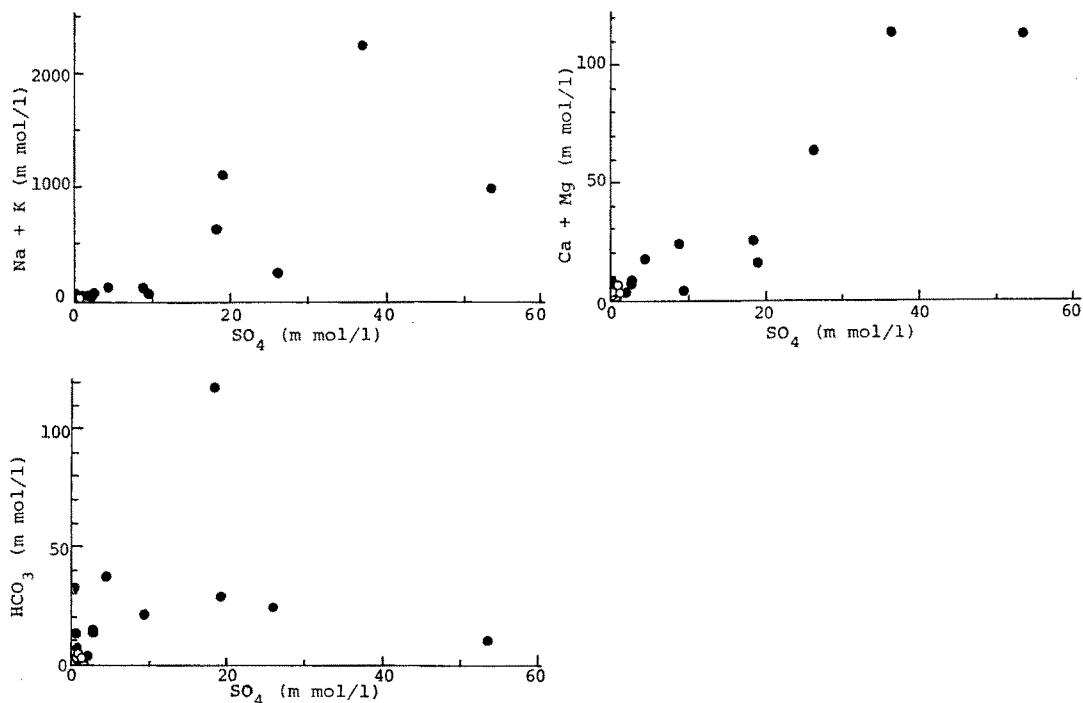


Fig. 7-2. Relationships between concentrations of SO₄ and those of other ions (HCO₃, Ca+Mg, Na+K) in lake waters of the Xizang Plateau.

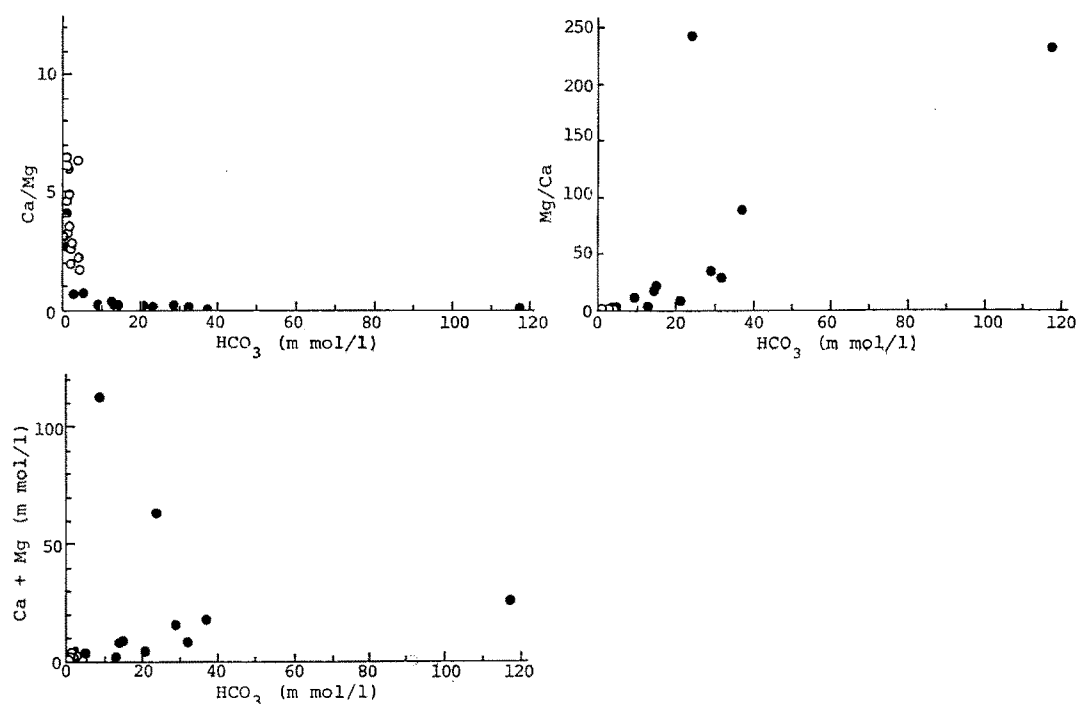


Fig. 7-3. Relationships between concentrations of HCO_3^- and those of other ions ($\text{Ca} + \text{Mg}$, Ca/Mg , Mg/Ca) in lake waters of the Xizang Plateau.

Table 3. Chemical components of rivers on the Xizang Plateau.

Sample No.	Date	Time CST	Water Temp. $^{\circ}\text{C}$	EC $10^3 \mu\text{s/cm}$	pH	Alk mg/l	Cl mg/l	NO_3^- mg/l	SO_4^{2-} mg/l	Na mg/l	K mg/l	Ca mg/l	Mg mg/l	SS mg/l	$\delta^{18}\text{O}$ ‰	Remarks
7. 5.2	5Jul.	20:49	7.7				18.6	3.6	43.1	21.6	1.3	12.3	12.0	40.45	-7.44	R. Keriya
10	12Jul.	16:30					57.9		53.5	31.7	0.96	20.7	10.0	104.55	-7.54	
16	13Jul.	20:30	5.6	0.05			5.1	0.12	2.8	4.2	0.45	18.0	2.1	77.0	-9.07	R. Yulongkax
34	17Jul.	12:38	2.1	0.941	7.8	1.08	1.8	0.73	12.0	2.9	0.13	13.3	4.9	14.0	-16.03	R. Chongce
48	18Aug.	15:07	10.9	0.055	7.82	0.69	1.4	0.56	3.7	1.3	0.28	9.6	1.9	2.15		
103	1Sep.	11:55	0.9	0.133	7.84	2.28	19.8	1.7	14.3	28.0	3.2	30.5	12.7	0.70	-13.65	R. Litian
104	1Sep.	16:05	10.3	0.130	7.44	1.26	17.4	1.2	12.8	19.3	1.6	22.2	4.5	1.75	-13.24	R. Qiongbingshui
109	3Sep.	21:00	15.6	0.239	7.28	1.56	14.3	0.48	28.1	25.7	1.0	37.8	12.7	0.50		R. Suqiang
117	6Sep.	09:37	6.6	0.109	7.56	1.4	6.6	0.74	21.3	12.9	0.38	32.4	7.9	1.35		R. Chuqinchan
123	7Sep.	19:08	13.9	0.172	7	0.47	3.7	0.72	38.3	8.6	0.45	31.0	11.4	5.35		R. Yarlungzangbo
124	8Sep.	13:01	12.3	0.186	8.01	0.87	1.0	0.31	51.6	4.2	0.54	43.4	11.3	3.65		R. Arun
127	9Sep.	13:55	6.3	0.043	7.86	3.78	0.49	0.65	60.1	1.5	0.59	4.7	0.9	1.55		R. Sun
128	9Sep.	20:12	16.8	0.275	7.62	2.58	8.7	1.6	101	9.4	0.14	46.1	21.4	3.05		R. Arun
137	11Sep.	12:47	6.4	0.143	8.39	4.7	0.78	0.81	49	1.1	0.18	2.0	1.4	0.50		
135	14Sep.	10:38	4.8	0.368	8.19	2.49	15.5	2.2	129	33.5	1.4	41.0	25.4	4.35		Amdo
139	14Sep.	13:58	8.6	0.267	7.79	4.28	8.8	1.9	84	14.0	0.91	42.0	23.2	11.55		Yanshiping
142	15Sep.	16:52	17.7	0.682			123		120	90.8	5.4	69.0	31.8	25.45		Golmud
146	16Sep.	09:44	7.1	0.440			94.2	4.5	77.2	20.1	1.6	45.4	44.7	4.65		Nomhon
147	16Sep.	12:52	14.5	0.601			93.9	2.3	102	79.7	3.3	83.9	64.2	62.95		Xiangride

SO_4 and $\text{Ca}+\text{Mg}$ in river waters. There seem to be some weak relationships, but the correlations are apparently far from those of the lake waters. Only the relationship between Cl and $\text{Na}+\text{K}$ in river waters appears to be an extension of that in lake waters. Therefore, it is considered that Cl and $\text{Na}+\text{K}$ are the only quantities conserved in the evolution of lake waters. Some chemical components, such as $\text{Ca}+\text{Mg}$ and HCO_3 , are eliminated from the lake waters by deposition in the solid phase.

5. Discussion

The salt lakes are distributed around the Kunlun Mts. in the inner part of the Xizang Plateau far from the glacial areas, but the fresh water lakes are located in the south-western marginal zones of the Xizang Plateau near the Himalaya and in the West Kunlun Mts., where they are influenced by glacial melt water. The distribution of fresh water lakes reflects the regional characteristics of water circulation, especially related to glacial melt water on the Xizang Plateau.

Table 4. Main items of Cl budget for Lakes Gozha and Ak-sayqin.

	L. Gozha	L. Ak-sayqin
Surface area (km^2)	244	175
Mean depth (m)	40	12
Volume (km^3)	9.76	2.10
Daily evaporation (mm/day)	3.5	3.5
Freezing period (months)	7	3
Annual evaporation (m^3/year)	128×10^6	165×10^6
Cl concentration of river (mg/l)	10.4	17.4
Cl concentration of lake (mg/l)	1183	46181
Cl input from rivers (gr/year)	1.33×10^9	2.87×10^9
Cl accumulation in lake (gr)	1.15×10^{13}	9.70×10^{13}
Ages for Cl accumulation (years)	9×10^3	34×10^3

We will discuss the formation process of the salt lakes and their ages.

Since increase of Cl concentration in lake water is mainly caused by inflow of river water, we can estimate the age of the inland lakes, which have no effluent rivers, by calculating the average Cl budget.

Here, the following assumptions are made.

1) The water budget of the inland lake has been balanced, so river inflow equals evaporation from the

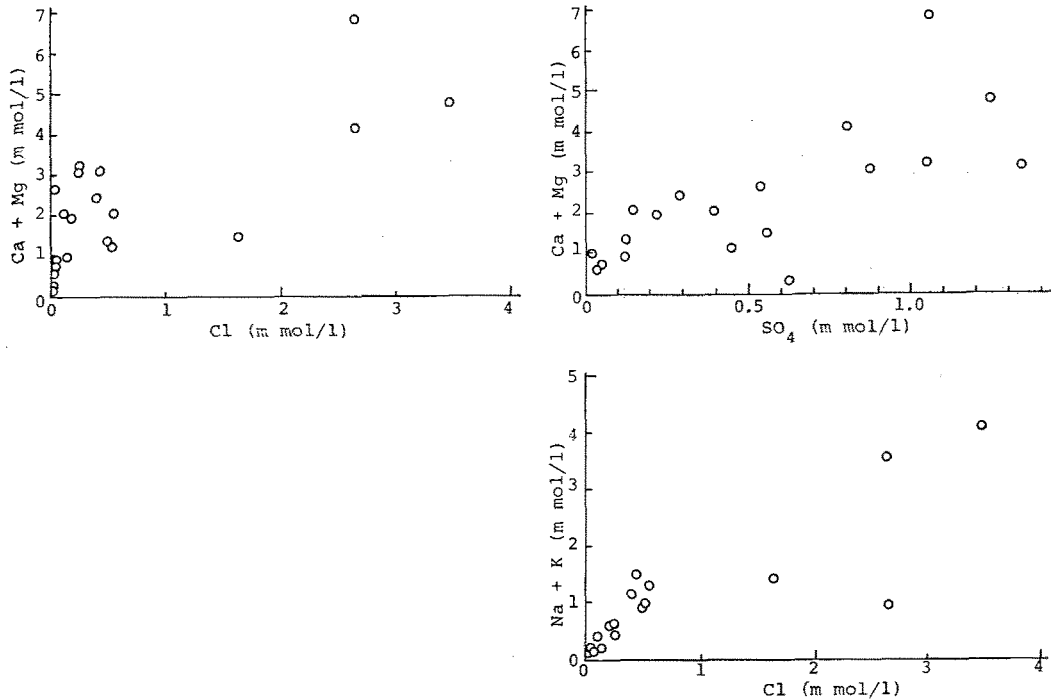


Fig. 8. Relationships between concentrations of Cl and $\text{Na}+\text{K}$, Cl and $\text{Ca}+\text{Mg}$, SO_4 and $\text{Ca}+\text{Mg}$ in river waters.

lake surface. The potential evaporation measured by an evaporation pan was 5.4 mm/day (Ohata, personal communication), so the actual evaporation is thought to be 64% of the potential evaporation according to comparative measurements of an evaporation pan 20cm in diameter and a pond having 20m² in area (Academia Sinica, 1984). The freezing period is estimated by analysing the series of the Landsat images.

2) The lake volume is calculated from the surface area (Academia Sinica, 1984) and the mean depth estimated from a measured topographic cross-section (Fig. 9).

3) The average Cl concentration in the inflowing

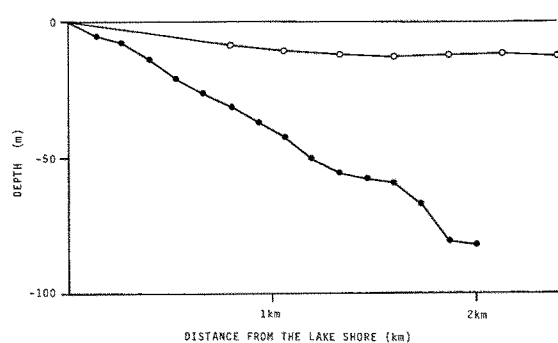


Fig. 9. Topographic cross-section of Lakes Gozha (●) and Aksayqin (○).

ivers is estimated by using data of hourly changes in R. Tianshui (Fig. 5), and that of the lake by using surface data (Table 2). In estimating the Cl load, the effect of dry fallout on the lake is neglected, as the lake surface area is less than one tenth of the catchment area.

Table 4 shows main items of the Cl budget for Lakes Gozha and Aksayqin. Since the Cl concentrations of L. Gozha and inflowing rivers are 1,183 and 10.4 mg/l respectively as indicated in Tables 2 and 3 and Fig. 5, the annual Cl inputs from rivers and the Cl accumulation amount in L. Gozha are 1.33×10^9 gr. and 1.15×10^{13} gr. respectively (Table 4).

There are no sub-basins with salt fields around L. Gozha and no salt layers in lake bottom cores, so deposition of Cl in the solid phase can be neglected. However, Cl accumulation in the lake is a minimum, because, it is thought, salinity increases in the deep water and so the average Cl concentration may be larger than 1,183 mg/l.

If these assumptions are reasonable, we can esti-

mate the age of the inland lakes, which is needed for accumulating the total Cl amount, from the annual input and accumulation amount. The age of L. Gozha is estimated to be 9×10^3 years, and that of L. Aksayqin 34×10^3 years by the method mentioned above (Table 4).

As the Cl concentration of L. Gozha is 1,183 mg/l and that of L. Aksayqin 46,181 mg/l, the former is mesohaline and the latter is saline. The more saline the lake is, the older the age is if there are no large differences in annual Cl inputs. The Cl concentrations of river waters have a narrower range than those of lake waters (Tables 2, 3), therefore the formation of salt lakes on the Xizang Plateau mainly depends on the age needed for Cl accumulation.

There is a difference in freezing period between mesohaline lakes and saline lakes (Table 4). The freezing period of salt lakes is so short that evaporation will be large. This means that the formation of salt lakes is accelerated by condensation due to the large evaporation when salinity becomes high and the lake hardly freezes over. Therefore, the lakes on the Xizang Plateau are clearly classified into two groups; salt lakes and fresh water lakes (Fig. 6). The intermediate type is unstable.

Fresh water lakes are formed in the present glacial areas where a large amount of glacial melt water is supplied, while salt lakes still form in the inner part of the Xizang Plateau far from the present glacial areas.

Acknowledgments

This research was financially supported by the Monbusho International Scientific Research Program (No. 62041043, 63043030).

References

- Academia Sinica (1984): Rivers and lakes of Xizang. The Series of the Comprehensive Scientific Expedition to the Qinghai-Xizang Plateau, Science Press, Beijing, 238p (in Chinese).
- Stein, A. (1912): Ruins of desert Cathay. Personal Narrative of Explorations in Central Asia and Westernmost China. London, Macmillan, (2vols.) 546p, 517p.